



**Sample Announcements for “Help Not Harm” Campaign
(for bulletins, e-updates, website, etc. throughout March 2026 up to and including April 12,
2026)**

**Help Not Harm: Take Action to Support Bill C-218
Write your Member of Parliament Today! Visit HelpNotHarmCanada.ca**

You're invited to visit HelpNotHarmCanada.ca where you can e-mail your Member of Parliament (MP), asking for their support of **Bill C-218 (The Right to Recover Act)**, which would amend the Criminal Code to prevent Medical Assistance in Dying (MAiD) from being provided when mental illness is the sole underlying condition. Without this change, MAiD will be available for those suffering from mental illness alone beginning in March 2027.

Chances are you know someone struggling with mental illness — a family member, friend, or colleague. As Catholics and Canadians, we are called to offer care, hope, and protection — not death — to those who are suffering and most vulnerable. Visit HelpNotHarmCanada.ca today and ask your MP to support Bill C-218.

**Protect Mental Health, Protect Life — Support Bill C-218
Write your Member of Parliament Today! Visit HelpNotHarmCanada.ca**

You are invited to visit HelpNotHarmCanada.ca to quickly and respectfully contact your Member of Parliament and ask for their support of **Bill C-218 (The Right to Recover Act)**. This proposed legislation would amend the Criminal Code to ensure that Medical Assistance in Dying (MAiD) is not extended to individuals whose sole underlying condition is mental illness. A vote is expected by mid-April 2026.

If the law is not amended, MAiD will become available for those suffering from mental illness alone beginning in March 2027. Many of us know someone living with mental illness — a loved one, friend, neighbour, or colleague. As Catholics and Canadians, we are called to respond with compassion, accompaniment, and genuine care, safeguarding the dignity and lives of those who are vulnerable. Visit HelpNotHarmCanada.ca today and ask your MP to support Bill C-218.

**Every Life is Precious — Protect Mental Health and Support Bill C-218
Write your Member of Parliament Today! Visit HelpNotHarmCanada.ca**

You are invited to visit HelpNotHarmCanada.ca to quickly and respectfully contact your federal Member of Parliament, urging them to support **Bill C-218 (The Right to Recover Act)**. This legislation would amend the Criminal Code to ensure that Medical Assistance in Dying (MAiD) is not extended to individuals whose sole underlying condition is mental illness. Without this amendment, MAiD will be available for mental illness alone beginning in March 2027. A vote is expected to take place mid-April 2026.

Our Catholic faith teaches that every human life is a sacred gift from God. We are called to accompany those who suffer, to uphold their dignity, and to ensure they receive authentic care, compassion, and hope. Mental



Archdiocese
of Toronto

Catholic Pastoral Centre
1155 Yonge Street
Toronto, Ontario M4T 1W2
T 416.934.0606
www.archtoronto.org

illness requires treatment, support and love — never abandonment or the offer of death. Many of us know someone living with mental illness — a family member, friend, neighbour, or colleague. At this critical moment, let us raise our voices in faithful witness to the Gospel of life.

Visit HelpNotHarmCanada.ca today and ask your MP to support Bill C-218.