



**Diocese of Peterborough**

## **CONFIRMATION MASS JOURNAL 2**



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# 6: EUCHARISTIC PRAYER

**Date:**

**Time:**

**Location:**

**Priest:**

When the priest lifts up the host and the chalice, a supernatural phenomenon known as **transubstantiation** takes place. Find the book *Catechism of the Catholic Church*, either in print or online at the Vatican website and find out what that term means. Write the definition here.

The word "eucharist" means "give thanks". What five things are you thankful for today?

# 7: SUNG MASS PARTS

**Date:**

**Time:**

**Location:**

**Priest:**

During the Eucharistic Prayer, we usually sing three different prayers together, the "Holy, Holy, Holy", the Mystery of Faith, and the Great Amen. Listen to the words of these prayers. What stands out to you the most and why?

Why do you think we sing at Mass, especially these four prayers, instead of just reciting them?

# 8: OUR FATHER & SIGN OF PEACE

**Date:**

**Time:**

**Location:**

**Priest:**

Read through the words of the Our Father. Which phrases stand out the most to you and why?

Why do you think we exchange the Sign of Peace with each other?

# 9: COMMUNION

**Date:**

**Time:**

**Location:**

**Priest:**

The reception of the Eucharist is the moment when Jesus, King of the Universe, comes to visit you, in a very real and physical way. Fill the space below with a personal prayer to God after you've received Communion.

# 10: CONCLUDING RITE

**Date:**

**Time:**

**Location:**

**Priest:**

The priest or deacon calls for the congregation to go forth proclaiming good works. Circle the 'send-off' that the priest used at this Mass.

- Go forth, the Mass is ended.
- Go and announce the Gospel of the Lord.
- Go in peace, glorifying the Lord by your life.
- Go in peace.

At this point, you've attended ten Masses in prayerful reflection. Having seen and contemplated all parts of the Mass, which do you think is your favourite or strikes you the most and why? What have you learned that makes this the most powerful for you?

# 10: CONCLUDING RITE CONT'D

The Eucharist is considered the "source and summit" of our lives as Catholics. How might it be a source in your life? How is it a summit in your life?

Reflecting on the Mass, note all the people who took part in the celebration: greeters, readers, psalmist, choir, organist or musicians, priest, deacon, ushers, participants. Is there one of these roles that you could see yourself doing to participate even more fully?