

## Confirmation Curriculum Overview

Session	Lesson
1	Lesson 3 – What's your story, God? (A Look at Salvation History)
2	Lesson 5 – Who is Jesus? (The Person and Mission of Christ)
3	Lesson 8 – How do I get there? (The Power and Purpose of the Sacraments)
4	Lesson 9 – When did my journey begin? (Baptism, Your Initiation into God's Family)
5	Lesson 10 – Why tell my sins to a priest? (The Healing Power of Confession)
6	Lesson 12 – Who is the Holy Spirit? (Meeting the Third Person of the Trinity) <i>and</i> Lesson 13 – What does the Holy Spirit do for me? (Gifts for the Journey)
7	Lesson 14 – Why have I been chosen? (Sealed and Sent in Confirmation)
8	Lesson 15 – Why do I have to go to Mass? (Encountering Jesus in the Eucharist)
9	Lesson 21 – Do I have what it takes? (Building Virtue – Your Spiritual Workout)
10	23 – How do I build the kingdom? (Saying Yes to the Mission of Christ and His Church) <i>and</i> Lesson 17, segment 3 only – Discerning God's Plan for Your Life

### **Additional Events**

*\*Events with a star are mandatory, while no star means the parish may choose not to have this event for reasons relevant to their situation. ALL events are highly recommended for a great prep experience!*

- \*Intro Session (Parent Info Night & Lesson 1 run concurrently)
- Welcome Mass
- \*Retreat
- Teaching Mass and/or Church Tour
- \*Rehearsal
- \*Confirmation Mass

### **Projects & Submissions Required**

- Mass reflections
- Saint project
- Service project
- Sponsorship registration & documents

### **Intro Session Outline**

**Parent Intro Video AND Lesson 1 – Why am I here? (An Introduction to Chosen), pg. 1**

#### Parent Session

Have parents start by dropping the candidates off at the candidate session location. Depending on your set-up, you may want parents to complete a registration or sign-in their child. Once they've completed what you want them to do for sign-in, direct them to the location for the parent session.

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Social time while parents sign candidates in and get settled	
0:05	Welcome, Opening Prayer	
0:10	Video	
0:30	Explanation of Confirmation presentation	
0:45	Explanation of your parish prep details and schedule, answering questions	
1:00	Parent Pick-up	

#### *Candidate Session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Social time while candidates sign in and get settled	Name tags and markers for candidates as they enter
0:05	Welcome, Opening Prayer, Lay Out Expectations (pg. 4 sidebar of Leader Guide)	
0:15	Icebreaker: Autograph Chasers, pg. 2	Pens or pencils
0:25	Segment 1 video	
0:30	My 5 Personal Goals, pg. 3	Pens or pencils
0:35	Segment 2 video	
0:40	Segment 2 small group	
0:55	Reminders & Closing Prayer	
1:00	Parent pick-up	

#### **Session 1 Outline**

**Lesson 3 – What's your story, God? (A Look at Salvation History), pg. 15**

#### *60-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Dive In	

0:10	Segment 1 video	
0:20	Segment 1 small group	
0:30	Segment 2 video	
0:37	Segment 2 small group	
0:45	Segment 3 video	
0:50	Segment 3 small group	
0:55	Closing Prayer & Reminders	
1:00	Parent Pick-up	

*90-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Activity 1: One-Word Story & Dive In	
0:20	Segment 1 video & small group	
0:35	Break	
0:45	Segment 2 video & small group	
1:00	Segment 3 video & small group	
1:15	Activity 3: Hero Quest	
1:25	Reminders & Closing Prayer	
1:30	Parent pick-up	

**Session 2 Outline**

**Lesson 5 – Who is Jesus? (The Person and Mission of Christ), pg. 35**

*60-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Dive In	
0:10	Segment 1 video	
0:15	Segment 1 small group OR Activity 1: Jesus Poster	Posterboard (1 per small group); markers
0:25	Segment 2 video	
0:30	Segment 2 small group	
0:40	Segment 3 video	
0:45	Segment 3 small group OR Activity 3: Who do you say that I am?	Pencils or pens; blank or lined paper; envelopes; basket
0:55	Closing Prayer & Reminders	
1:00	Parent Pick-up	

90-minute session

Time	Section	Materials
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Dive In	
0:10	Segment 1 video	
0:15	Activity 1: Jesus Poster	Posterboard (1 per small group); markers
0:25	Discuss 1-2 small group questions in large group	
0:30	Break	
0:40	Segment 2 video & small group	
0:55	Segment 3 video & small group	
1:10	Activity 3: Who do <i>you</i> say that I am?	Pencils or pens; blank or lined paper; envelopes; basket
1:25	Reminders & Closing Prayer	
1:30	Parent pick-up	

**Session 3 Outline**

**Lesson 8** – How do I get there? (The Power and Purpose of Sacraments), pg. 65

60-minute session

Time	Section	Materials
0:00	Welcome, Opening Prayer, Kickoff Question	
0:10	Dive In	
0:15	Segment 1 video	
0:20	Segment 1 small group	
0:30	Segment 2 video	
0:35	Segment 2 small group OR Activity 3: Sacrament Charades	Strips of paper with the 7 sacraments on them (2 sets per small group); baskets or bags for drawing paper (1 per small group)
0:45	Segment 3 video	
0:50	Segment 3 small group	
0:55	Closing Prayer & Reminders	
1:00	Parent Pick-up	

90-minute session

Time	Section	Materials
0:00	Welcome, Opening Prayer, Kickoff Question	

0:05	Dive In	
0:10	Segment 1 video & small group	
0:30	Break	
0:40	Segment 2 video & small group	
0:50	Activity 3: Sacrament Charades	Strips of paper with the 7 sacraments on them (2 sets per small group); baskets or bags for drawing paper (1 per small group)
1:00	Segment 3 video	
1:05	Large group: showing different things used for sacraments	Sacramental objects (ie chalice, oils, holy water or shell, stole, etc)
1:10	Segment 3 small group	
1:20	Reminders & Closing Prayer	
1:30	Parent pick-up	

#### **Session 4 Outline**

**Lesson 9** – When did my journey begin? (Baptism, Your Initiation into God’s Family), pg. 75

#### *60-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer, Kickoff Question	Holy water
0:05	Dive In	
0:10	Segment 1 video	
0:15	Segment 1 small group	
0:25	Segment 2 video	
0:30	Segment 2 small group	
0:40	Segment 3 video	
0:45	Segment 3 small group OR Activity 3: Field Trip to the Font (small group questions done in large group)	Access to the parish baptismal font; paschal candle; lighter; candle and white garment used for baptisms
0:55	Closing Prayer & Reminders	
1:00	Parent Pick-up	

#### *90-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Activity 1: Baptismal Promises	Access to the parish baptismal font; holy water; paschal candle; lighter; priest or deacon

0:10	Dive In	
0:15	Segment 1 video & small group	
0:25	Break	
0:35	Segment 2 video & small group	
0:45	Activity 2: Spiritual Bouquets for Baptismal Parents	Cardstock, construction paper, or paper; pens/pencils; markers
1:05	Segment 3 video	
1:10	Activity 3: Field Trip to the Font (small group questions done in large group)	Access to the parish baptismal font; paschal candle; lighter; candle and white garment used for baptisms
1:25	Reminders & Closing Prayer	
1:30	Parent pick-up	

### **Session 5 Outline**

**Lesson 10** – Why tell my sins to a priest? (The Healing Power of Confession), pg. 85

#### *60-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Dive In	
0:10	Segment 1 video	
0:15	Segment 1 small group	
0:25	Segment 2 video	
0:30	Segment 2 small group	
0:40	Segment 3 video	
0:45	Segment 3 small group	
0:55	Closing Prayer & Reminders	
1:00	Parent Pick-up	

#### *90-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Activity 1: Ten Commandments	10 poster boards with the commandments; pens or markers; tape
0:15	Segment 1 video & small group	
0:25	Break	
0:35	Segment 2 video & small group	
0:45	Segment 3 video & small group	

0:55	Activity 3: Confession Simulation Skit <i>can consider performing this skit in church ahead of confession opportunity</i>	3 copies of the script; two chairs; 3 team members
1:05	Opportunity for Confession & Personal Prayer	Church with confessional; priest; gentle music; examination of conscience handouts
1:30	Parent pick-up	

### Session 6 Outline

**Lesson 12** – Who is the Holy Spirit? (Meeting this Third Person of the Trinity), pg. 105,  
**AND Lesson 13** – What does the Holy Spirit do for me? (Gifts for the Journey), pg. 115

#### 60-minute session

Time	Section	Materials
0:00	Welcome, Opening Prayer pg. 105	
0:05	Dive In pg. 106	
0:10	Lesson 12, Segment 1 video	
0:15	Small group 1	
0:25	Lesson 13, Segment 1 video	
0:30	Small group 2	
0:40	Lesson 13, Segment 2 video	
0:45	Lesson 13 Activity 2: Gift Match	Sticky notes (9 per candidate); pens or pencils; Index cards with scenarios written on them (1 set of 9 per small group)
0:55	Closing Prayer & Reminders	
1:00	Parent Pick-up	

#### 90-minute session

Time	Section	Materials
0:00	Welcome, Opening Prayer pg. 105, Lesson 12 Activity 3: Holy Spirit Prayer	Cardstock; markers; pens or pencils
0:15	Lesson 12, Segment 1 video & small group	
0:25	Break	
0:35	Lesson 13, Segment 1 video & small group	
0:45	Lesson 13, Segment 2 video	
0:50	Lesson 13 Activity 2: Gift Match	Sticky notes (9 per candidate); pens or pencils; Index cards

		with scenarios written on them (1 set of 9 per small group)
1:00	Lesson 13, Segment 3 video	
1:10	Lesson 13 Activity 3: Fruits of the Spirit Object Lesson (conducted as large group)	12 real or toy fruits; sharpie marker; basket, bucket, or bowl
1:25	Reminders & Closing Prayer (use Opening Prayer on pg. 115 as closing prayer)	
1:30	Parent pick-up	

### **Session 7 Outline**

**Lesson 14 – Why have I been chosen? (Sealed and Sent in Confirmation), pg. 125**

#### *60-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Dive In	
0:10	Segment 1 video	
0:15	Segment 1 small group OR Activity 1: Soldier of the Spirit with large group discussion	Bible; belt; breastplate; sandals; shield; helmet; toy sword
0:25	Segment 2 video	
0:30	Segment 2 small group	
0:40	Segment 3 video	
0:45	Segment 3 small group OR Activity 3: Sacrament of Confirmation Form Demonstration	A student workbook; team members; small bowl of water to represent oil
0:55	Closing Prayer & Reminders	
1:00	Parent Pick-up	

#### *90-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Dive In	
0:10	Segment 1 video & small group	
0:20	Activity 1: Soldier of the Spirit with large group discussion	Bible; belt; breastplate; sandals; shield; helmet; toy sword
0:30	Break	
0:40	Segment 2 video & small group	

0:50	Segment 3 video & small group	
1:00	Activity 3: Sacrament of Confirmation Form Demonstration <i>can consider doing this in the church</i>	A student workbook; team members; small bowl of water to represent oil
1:15	Project Check-In and Schedule review <i>done in small groups with leaders helping provide guidance on questions candidates have</i>	Several printed copies of every project, sponsor handouts, and schedules to give out if needed
1:25	Reminders & Closing Prayer	
1:30	Parent Pick-up	

### Session 8 Outline

**Lesson 15** – Why do I have to go to Mass? (Encountering Jesus in the Eucharist), pg. 135

#### 60-minute session

Time	Section	Materials
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Dive In	
0:10	Segment 1 video	
0:20	Segment 1 small group	
0:30	Segment 2 video	
0:40	Segment 2 small group	
0:45	Segment 3 video	
0:50	Segment 3 small group OR Activity 3: Full, Conscious, Active Offering	Pens; paper
0:55	Closing Prayer & Reminders	
1:00	Parent Pick-up	

#### 90-minute session

Time	Section	Materials
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Dive In	
0:10	Segment 1 video & small group	
0:25	Activity 1: Cards for First Communion Candidates	Cardstock, construction paper, or paper; pens/pencils; markers
0:40	Break	
0:50	Segment 2 video & small group	
1:05	Segment 3 video	
1:10	Segment 3 small group	

1:15	Activity 3: Full, Conscious, Active Offering	Pens; paper
1:25	Reminders & Closing Prayer	
1:30	Parent pick-up	

### **Session 9 Outline**

**Lesson 21** – Do I have what it takes? (Building Virtue – Your Spiritual Workout), pg. 195

#### *60-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Dive In & Activity 1: Living Virtue Icebreaker	
0:15	Segment 1 video	
0:20	Segment 1 small group	
0:30	Segment 2 video	
0:40	Segment 2 small group	
0:45	Segment 3 video	
0:50	Segment 3 small group	
0:55	Closing Prayer & Reminders	
1:00	Parent Pick-up	

#### *90-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Dive In & Activity 1: Living Virtue Icebreaker	
0:15	Segment 1 video	
0:20	Activity 2: Virtue Survey & review it in small group	Pens; copies of the Virtue Survey handout
0:40	Break	
0:50	Segment 2 video & small group	
1:10	Segment 3 video	
1:15	Segment 3 small group	
1:25	Reminders & Closing Prayer	
1:30	Parent pick-up	

### **Session 10 Outline**

**Lesson 23** – How do I build the kingdom? (Saying Yes to the Mission of Christ and His Church), pg. 215

**AND Lesson 17 – Who's calling? (Holy Orders and Vocational Discernment), pg. 155**

*60-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer	
0:05	Lesson 23, Segment 1 video	
0:10	Small group 1	
0:15	Lesson 23, Segment 2 video	
0:20	Small group 2	
0:25	Segment 3 video	
0:35	Small group 3	
0:40	Lesson 17, Segment 3 video excerpt	START VIDEO FROM 7:12
0:45	Small group 4	
0:55	Reminders & Closing Prayer	
1:00	Parent Pick-up	

*90-minute session*

<i>Time</i>	<i>Section</i>	<i>Materials</i>
0:00	Welcome, Opening Prayer, Kickoff Question	
0:05	Lesson 23, Segment 1 video	
0:10	Small group 1	
0:15	Lesson 23, Segment 2 video	
0:20	Lesson 23, Activity 2: One Body	Rolls of paper big enough for a body tracing (one per small group)
0:40	Break	
0:50	Lesson 23, Segment 3 video	
0:55	Small group 2	
1:00	Lesson 23, Activity 3: Works of Mercy Survey	Pens; copies of the Works of Mercy Survey handout
1:10	Lesson 17, Segment 3 video excerpt	START VIDEO FROM 7:12
1:15	Small group 3	
1:25	Reminders & Closing Prayer	
1:30	Parent pick-up	