

# Prayer for Christlikeness

**John Henry Cardinal Newman**

Dear Jesus, help me to spread your fragrance everywhere  
I go;  
Flood my soul with your spirit and life;  
Penetrate and possess my whole being so completely  
That all my life may be only a radiance of yours;  
Shine through me and be so in me  
That everyone with whom I come into contact  
May feel your presence within me.  
Let them look up and see no longer me—but only Jesus.  
Amen.